

3ª CORRIDA DO CHOQUE - 08/03/2026

Relatório Feminino Geral (Corrida de 4km)

GERAL FEMININO 4KM

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	4141	Debora Eduarda Goncalves Moraes	F	35	PRE	00:17:10	00:17:10	ACELERADOS RUNNING
2	4163	Paula Tais Bolfe	F	36	PRE	00:17:25	00:17:25	BAVBM
3	4582	Juliana Streck	F	40	PRE	00:18:13	00:18:10	DEPARTAMENTO DE SAUDE
4	4280	Gabriela Rizzardo Ribeiro	F	24	PRE	00:18:42	00:18:27	
5	4001	Lidiane Couzen Ramires Gonçalves	F	34	PRE	00:18:44	00:18:43	RVP
6	4465	Cintia Maria	F	45		00:18:57	00:18:57	CORRE JUNTO
7	4637	Thais Teixeira de Oliveira	F	33		00:20:17	00:19:18	
8	4041	Angelita Kirinus Cezimbra	F	48		00:19:35	00:19:27	HARMONY SAUDE
9	4443	Natielle Barboza Espindola	F	35		00:19:46	00:19:29	CPCHOQUE
10	4325	Joiciane Castelo Branco Maia	F	29		00:19:45	00:19:40	PANCAP RUNNERS
11	4161	Dayane Vidal Vieira	F	33		00:19:42	00:19:41	CPCHQ
12	4636	Tatiana Marcello	F	44		00:20:47	00:19:47	
13	4438	Rosiane Moraes Silva	F	33		00:20:09	00:19:47	EQUIPECPCCHQ
14	4139	Gabriela dos Santos	F	44		00:20:27	00:19:48	ACELERADOS
15	4551	Andressa da Silva Ferreira	F	32		00:19:50	00:19:49	CPCHQ
16	4510	Angela A R Fialho	F	31		00:19:52	00:19:51	CPCHQ
17	4565	Mariana Lavinski da Silva	F	30		00:20:15	00:20:02	CPCHQ
18	4560	Taciana Verdi de Lima	F	39		00:20:38	00:20:03	CPCHQ
19	4051	Carolina Ratzkowski Maraschin	F	28		00:21:30	00:20:08	JUBATUS
20	4072	Sabrina Mayer Soares	F	37		00:20:40	00:20:09	
21	4168	Nathany Marchezan	F	30		00:21:03	00:20:19	CPCHOQ
22	4110	Andressa Boone	F	23		00:20:38	00:20:31	CPCHQ
23	4667	Aline Freitas Cardoso	F	47		00:20:33	00:20:32	
24	4102	Patricia da Silva Machado	F	42		00:21:07	00:20:50	
25	4534	Cristiane Rocha de Souza Prestes	F	52		00:21:35	00:20:51	
26	4127	Nancy Carlini Vieira Martins	F	24		00:21:00	00:20:53	
27	4334	Ana Krystina Sousa Lima	F	25		00:22:18	00:20:58	RUNNERS TEAM RORAIMA
28	4516	Maria Cristina de Andrade	F	36		00:21:13	00:20:58	
29	4256	Micheli Dresch Pires	F	39		00:21:04	00:20:59	GO RUN ASSESSORIA ESPORTIVA
30	4295	Ingrid Valli Bitencourt	F	44		00:21:08	00:21:03	GO RUN
31	4025	Paola Gerling	F	33		00:21:33	00:21:03	ARAMBARUNNERS
32	4611	Thalia Trespach Fachinello	F	25		00:21:27	00:21:04	
33	4531	Sandra Correa Rodrigues	F	57		00:21:18	00:21:05	SANDRACLIN
34	4144	Bruna Santos Silveira	F	35		00:22:33	00:21:12	ACELERADOS
35	4580	Alexia Rodrigues Menezes	F	32		00:21:43	00:21:13	
36	4117	Franciele Rossatto Farias	F	28		00:21:28	00:21:16	
37	4194	Graciela Silva E Silva	F	47		00:22:41	00:21:17	CORRIDAZEN
38	4445	Jessica Sousa Vieira	F	34		00:21:56	00:21:20	CPCHQ

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
39	4537	Juliane Zalamera Chaves	F	46		00:22:24	00:21:20	AUTHEN
40	4369	Veronica Goncalves Silva	F	25		00:22:01	00:21:29	DG ASSESSORIA DE CORRIDA
41	4096	Noeli Favero	F	65		00:21:53	00:21:39	PERCORRER
42	4619	Natalia Silva Pires	F	31		00:22:25	00:21:41	
43	4543	Cristina dos Santos Rodrigues	F	41		00:21:59	00:21:43	
44	4479	Cristina Estefan Goncalves	F	38		00:22:06	00:21:49	BOX HUMAITA RUN
45	4453	Aline Abreu de Oliveira	F	27		00:22:46	00:21:50	CORRE LIDI
46	4264	Gabriele Oliveira Duarte	F	23		00:21:57	00:21:52	VEMCOMNICO
47	4116	Raphaela da Cruz Severo Costa	F	18		00:22:19	00:22:05	COLEGIO TIRADENTES DE POA
48	4207	Rita de Fatima De Moraes Fortes De Oliveira	F	45		00:22:18	00:22:12	ACELERADOS
49	4154	Clarissa Tarrago Carpes	F	52		00:22:22	00:22:13	HARMONY RUN
50	4053	Juliana de Souza Vargas	F	42		00:23:51	00:22:14	
51	4390	Laura Garcia de Morais	F	40		00:22:49	00:22:16	CPCHOQUE
52	4140	Kelen da Silva Rigui	F	41		00:23:17	00:22:19	ACELERADOS
53	4228	Roberta Martins	F	31		00:23:22	00:22:25	
54	4108	Jessica Azevedo da Fonseca	F	35		00:23:27	00:22:25	
55	4620	Adriane Vienel Fagundes	F	41		00:22:52	00:22:30	CORRE
56	4639	Laura Siqueira Escouto	F	36		00:23:34	00:22:31	
57	4476	Nathalie Marques de Castro	F	26		00:23:24	00:22:36	
58	4488	Thais Crestani Minuzzi	F	30		00:24:25	00:22:36	
59	4115	Cristiane Bernardi Andreis	F	49		00:22:47	00:22:37	PICARELLI ASSESSORIA
60	4068	Vitoria Nunes da Silva	F	25		00:22:55	00:22:39	
61	4462	Maria Andreia de Souza Mello	F	55		00:22:54	00:22:41	GORUN ASSESSORIA ESPORTIVA
62	4031	Vitoria do Rosario Trindade	F	28		00:23:29	00:22:43	TIME MARCELO PELLEZZ
63	4431	Heloisa Teodoro Dutra	F	42		00:24:12	00:22:44	HELO DUTRA
64	4602	Giovanna Lipp Feoli	F	15		00:24:58	00:22:52	
65	4566	Miriam dos Santos Cabral	F	56		00:22:54	00:22:52	EPTC
66	4486	Ylanna Polga Bidinoto	F	28		00:24:45	00:22:54	
67	4258	Eli da Silva Favero	F	67		00:23:14	00:22:57	GENTIL GOULART
68	4147	Marisele Dornelles Ferrao	F	48		00:23:00	00:22:59	
69	4328	Priscila Amaral Bengua	F	41		00:23:16	00:23:03	TC RUN
70	4416	Simone Martins Duarte	F	39		00:24:31	00:23:03	
71	4248	Caroline Noal Tavares	F	37		00:23:22	00:23:08	GRO RUNNERS
72	4265	Daniele Loreto	F	21		00:23:35	00:23:11	GO RUN ASSESSORIA ESPORTIVA
73	4376	Lanna Talassa Tesori Mendes	F	32		00:24:42	00:23:12	
74	4377	Lidiane Santos Carneiro	F	24		00:24:42	00:23:12	
75	4237	Mariana Feller Goncalves da Silva	F	41		00:23:45	00:23:16	GENTIL GOULARTE
76	4120	Fernanda Spagiari Tassinari	F	38		00:23:45	00:23:16	FERNANDA

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
77	4152	Mahiara de Menezes Pontes	F	39		00:23:27	00:23:21	
78	4483	Andrea Patricia Santos da Silva	F	49		00:23:57	00:23:22	CPCHQ
79	4113	Barbara Back	F	43		00:24:55	00:23:28	PROJETO LADISLAU
80	4267	Nathalie FonticIELha	F	55		00:25:12	00:23:32	CORREFRIENDS
81	4013	Rosangela Ziani	F	48		00:24:03	00:23:45	
82	4192	Claudia Beatriz Goncalves Franca	F	56		00:25:44	00:23:53	CLAUDIA
83	4220	Erica Dias da Silva	F	24		00:25:26	00:23:54	GRO RUNNERS
84	4351	Eliane Tarouco Severo Eckert	F	39		00:24:40	00:23:59	EQUIPECPCCHQ
85	4420	Ingrid Rebello da Silva	F	36		00:24:30	00:24:01	ARAMBARUNNERS
86	4350	Angelica Maria da Silva de Holanda Barros	F	37		00:24:07	00:24:06	
87	4358	Aline Severo	F	41		00:26:02	00:24:07	
88	4430	Raquel Nickel Centeno	F	33		00:25:13	00:24:13	
89	4137	Thaissa Rodrigues da Silva	F	22		00:25:15	00:24:17	ACELERADOS
90	4054	Cristina Dornelles Dones	F	42		00:24:26	00:24:22	MOVECOOP
91	4030	Roselaine Bassani	F	53		00:25:11	00:24:26	
92	4696	Juliana Boll	F	39		00:25:47	00:24:27	
93	4693	Daniela de Oliveira	F	33		00:26:23	00:24:27	
94	4028	Valeria Silveira Boeira	F	24		00:26:17	00:24:37	
95	4394	Ariana Caroline de Oliveira Silvano	F	30		00:26:04	00:24:42	
96	4381	Tatiana Gorski	F	49		00:24:53	00:24:42	
97	4177	Larissa de Barros Gaedke	F	24		00:26:11	00:24:47	
98	4299	Patrini Wendler	F	21		00:25:35	00:24:51	
99	4492	Darla Geovane da Silva Kaiser	F	48		00:25:07	00:24:55	CORRE JUNTO
100	4594	Jennifer Micaela Lorenzo	F	34		00:26:35	00:24:59	
101	4589	Leticia da Silva Da Fontoura	F	46		00:25:49	00:25:02	EQUIPECPCCHQ
102	4085	Marlene Ines Daros	F	70		00:25:05	00:25:04	PAPALEGUAS RUNNER
103	4244	Bruna Rolin Scheffer	F	28		00:26:33	00:25:04	
104	4301	Steffany Picaz Hoffmann	F	30		00:26:34	00:25:04	
105	4530	Lawine Nogueira de Paiva	F	29		00:27:00	00:25:05	
106	4307	Suelen dos Santos Correa	F	29		00:26:13	00:25:10	
107	4449	Bruna Souza Pereira	F	27		00:25:36	00:25:12	
108	4037	Stephanie Barbosa dos Santos	F	24		00:26:57	00:25:14	
109	4203	Milene Cardoso Nunes	F	25		00:25:43	00:25:15	
110	4572	Jéssica dos Santos Ghabril	F	41		00:27:35	00:25:16	ROSTO AO VENTO
111	4345	Tailani Padilha	F	38		00:25:59	00:25:21	2BPCHQ
112	4135	Franciele Fernandes dos Reis	F	29		00:25:22	00:25:22	
113	4250	Gabriela Freire Fonseca	F	17		00:26:16	00:25:23	
114	4210	Viviane de Camargo Grasel	F	37		00:26:48	00:25:26	RE9

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
115	4680	Bruna Santos de Lima	F	28		00:25:53	00:25:26	
116	4694	Madiane Nunes Igarçaba da Luz	F	38		00:26:58	00:25:27	MOVER
117	4427	Patricia Vivian Sisto	F	33		00:25:53	00:25:28	
118	4052	Aline Graziela Jung Obermeier	F	42		00:27:06	00:25:33	
119	4371	Erica Blaskowski Tavares	F	26		00:26:08	00:25:36	DG ASSESSORIA DE CORRIDA
120	4452	Aleniram Soares Dallacosta	F	37		00:25:42	00:25:37	RB RUNNERS
121	4668	Candida Canto	F	31		00:26:38	00:25:39	
122	4193	Maria Eloisa Bauendar de Oliveira Padilh	F	66		00:26:51	00:25:41	
123	4435	Adjane Rodrigues Stail	F	36		00:26:37	00:25:42	AZ RUNNERS
124	4166	Jade Freitas Kochler	F	34		00:26:40	00:25:42	
125	4655	Marcele Santos Viegas	F	44		00:26:55	00:25:42	
126	4015	Andressa Pazini Fernandes	F	32		00:27:58	00:25:49	
127	4415	Loressa Lopes	F	28		00:26:38	00:25:51	
128	4549	Annelly de Oliveira Gonzales dos Reis	F	32		00:27:51	00:26:05	
129	4360	Juliane Cloque da Silva	F	21		00:27:13	00:26:05	
130	4664	Marina Santos de Oliveira	F	35		00:26:41	00:26:06	CPCHQ
131	4467	Joila Moraes Rodrigues	F	25		00:27:54	00:26:08	
132	4078	Bruna Felix de Oliveira	F	40		00:27:23	00:26:09	
133	4310	Vittoria Pacheco da Cruz	F	19		00:27:54	00:26:11	
134	4570	Aline Aparecida de Góes	F	41		00:28:30	00:26:14	ROSTO AO VENTO
135	4623	Amanda Milena Hanauer	F	23		00:27:18	00:26:15	CPCHQ
136	4472	Leticia Silva Nogueira Freitas Pereira	F	27		00:28:03	00:26:17	
137	4408	Isabela Forster Leal Machado	F	22		00:27:55	00:26:18	
138	4539	Cintia de Fatima Rotava De Freitas	F	32		00:28:12	00:26:22	
139	4597	Kely Salete Almeida Pedroso	F	42		00:27:06	00:26:24	
140	4058	Brenda dos Reis E Silva	F	32		00:27:27	00:26:43	CPCHQ
141	4179	Isadora Freitas Pastorini	F	23		00:28:11	00:26:46	
142	4571	Débora Lemes Lemos	F	54		00:28:48	00:26:51	ROSTO AO VENTO
143	4138	Scheila Ramos	F	35		00:27:13	00:26:52	ACELERADOS
144	4261	Pamela Nadini Giuliatti Costa	F	28		00:28:32	00:26:52	
145	4235	Lisandra Coletti Lisboa	F	46		00:28:25	00:26:52	
146	4423	Ciana Barreto Alves	F	33		00:28:46	00:26:57	
147	4326	Kassya Alves Fagundes	F	24		00:28:10	00:26:58	
148	4406	Rejane Ferreira da Rosa	F	53		00:27:56	00:27:00	
149	4422	Paula Grossla Foss	F	35		00:27:15	00:27:03	
150	4045	Jacqueline Mendes Ribeiro	F	47		00:27:51	00:27:05	PROFESSOR OSORIO
151	4495	Pamela Tessmann Weege	F	33		00:27:45	00:27:10	AZ RUNNERS
152	4405	Patricia Goncalves dos Santos Dias	F	36		00:28:07	00:27:14	AZ RUNNERS

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
153	4331	Vanessa Isquierdo Leivas	F	47		00:28:07	00:27:14	AZ RUNNERS
154	4541	Maria Eduarda Paris	F	23		00:29:06	00:27:20	
155	4568	Helen Cristina Soares da Silva	F	51		00:27:49	00:27:20	EPTC
156	4684	Daniele Pereyra Passos	F	43		00:28:49	00:27:20	ALINE MARIOTTI
157	4149	Paula Monique Ribeiro Coracao Rodrigues	F	37		00:27:46	00:27:22	ACELERADOS
158	4189	Maria Alice Alves Couto	F	31		00:27:46	00:27:23	
159	4527	Juliana de Fatima Vieira Urias	F	46		00:28:59	00:27:24	
160	4505	Adriane Stochero	F	29		00:28:58	00:27:25	
161	4284	Ana Tailise Moreira Cruz Esteveao	F	31		00:27:57	00:27:25	AZRUNNERS
162	4491	Larissa da Silva Lopes	F	27		00:28:24	00:27:28	
163	4473	Patricia Oliveira Cardoso	F	30		00:29:13	00:27:29	
164	4520	Fernanda Lopes da Silva	F	42		00:28:42	00:27:32	
165	4136	Nadia Lima dos Reis	F	42		00:28:50	00:27:42	
166	4095	Maiara Aniszewski	F	28		00:29:23	00:27:42	
167	4418	Fernanda Vieira Delfino	F	34		00:28:41	00:27:45	
168	4455	Suyan de Castro Canals Severo	F	34		00:29:34	00:27:46	
169	4458	Danieli Bempch Costa	F	24		00:28:27	00:27:54	
170	4687	Vitoria Sgorla da Silva	F	32		00:29:28	00:27:55	
171	4188	Maria de Lurdes Amaral Couto	F	70		00:28:28	00:28:06	
172	4606	Jessica Ferreira	F	35		00:28:41	00:28:07	GUAIBA RUNNERS
173	4118	Jandara Aparecida Pereira Belaver	F	68		00:29:32	00:28:11	
174	4044	Maria Carolina Silva E Silva	F	32		00:28:43	00:28:11	
175	4196	Liciana Slongo Braidá	F	44		00:30:14	00:28:13	
176	4043	Cintia da Silva Bittencourt	F	58		00:28:44	00:28:14	
177	4547	Merlen Grellert	F	41		00:30:02	00:28:16	
178	4613	Larissa Rodrigues da Rosa	F	29		00:28:39	00:28:17	
179	4642	Beatriz Lippert	F	35		00:29:20	00:28:20	
180	4146	Thais Gomes dos Santos	F	29		00:30:08	00:28:23	
181	4493	Layne Santos Camada	F	32		00:29:11	00:28:24	
182	4277	Laura Bauermann Witczak	F	21		00:29:02	00:28:25	
183	4454	Brenda Medeiros dos Santos	F	31		00:29:26	00:28:26	
184	4514	Marta Mariane dos Santos Cezar	F	46		00:30:38	00:28:30	
185	4262	Morgana Charao Moraes	F	39		00:28:54	00:28:33	
186	4275	Erika Quintana	F	22		00:29:19	00:28:41	
187	4071	Lilian Perfeito	F	60		00:29:59	00:28:43	
188	4287	Caroline Laquiman	F	37		00:29:13	00:28:44	AZRUNNERS
189	4010	Ana Mayara Kaufmann	F	37		00:30:50	00:28:46	SPORTCENTER RUN
190	4433	Luiza Helena dos Santos	F	34		00:29:58	00:28:49	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
191	4004	Juraci Macedo	F	69		00:29:01	00:28:51	
192	4575	Bruna Hoppe Moraes	F	37		00:30:56	00:28:57	
193	4374	Ana Luiza de Souza Ramires	F	20		00:30:05	00:29:05	
194	4440	Julia Caroline Portz da Rocha	F	37		00:30:12	00:29:06	
195	4175	Aline Kawany Couzem Marques	F	18		00:29:26	00:29:14	CORRE LIDI
196	4132	Thaina Vitoria de Paula	F	23		00:31:13	00:29:24	
197	4607	Vanessa de Freitas Dalenogare Feliu	F	41		00:30:30	00:29:26	EQUIPE CPCHQ
198	4035	Michele Pinheiro Sprenger	F	43		00:29:57	00:29:27	
199	4596	Alessandra Larissa Rosa Lara	F	25		00:30:18	00:29:30	
200	4172	Clarissa Podgorski Viriato	F	39		00:30:15	00:29:31	CARBORUNNERS
201	4437	Raquel Teixeira Cista	F	77		00:29:52	00:29:35	SUPERACAO GUARAPARI
202	4522	Tauana de Souza Scouto	F	27		00:31:21	00:29:37	
203	4692	Bruna da Silva Muller	F	32		00:29:55	00:29:41	
204	4366	Liebe Vaz Paixao	F	24		00:32:37	00:29:41	
205	4359	Anelise Silva da Silva	F	31		00:31:53	00:29:46	
206	4225	Chayane dos Santos Dos Santos	F	31		00:31:31	00:29:49	
207	4224	Francielli de Oliveira Soares	F	30		00:31:32	00:29:50	
208	4612	Marina Isabel Mendes Ferreira	F	29		00:30:55	00:29:55	
209	4388	Andreiny da Silva Lucero	F	25		00:31:00	00:29:56	
210	4480	Ro Alteman	F	51		00:30:22	00:29:56	2CIA DO 9BPM
211	4218	Carla Rosana da Silva Jung	F	59		00:31:30	00:29:59	GRO RUNNERS
212	4357	Angela Prestes Padilha D Avila	F	47		00:31:29	00:30:05	
213	4447	Jerusa Ilha Marques	F	33		00:32:09	00:30:09	CPCHQ
214	4372	Amanda Kobelinski	F	30		00:31:58	00:30:09	CPCHQ
215	4278	Elisete Bauermann	F	52		00:30:46	00:30:10	
216	4081	Paula Sthefania Machado	F	45		00:31:33	00:30:17	
217	4656	Priscila Samanta Lopes Rodrigues	F	31		00:31:29	00:30:19	
218	4617	Jessica dos Santos de Medeiros	F	35		00:30:53	00:30:26	
219	4470	Kawanny Carlos Dantas de Andrade Couzem	F	37		00:32:11	00:30:33	CORRE LIDI
220	4186	Charlise da Silva Nunes	F	37		00:31:07	00:30:37	AZ RUNNERS
221	4181	Tanise da Silva Nunes de Oliveira	F	34		00:31:08	00:30:38	AZ RUNNERS
222	4254	Maria Mercedes Prates de Godoy	F	58		00:31:06	00:30:42	
223	4494	Juliana Vaz	F	36		00:31:28	00:30:48	
224	4226	Dieniffer Machado Quadros	F	29		00:31:29	00:30:49	
225	4185	Lisandra Maria Goncalves	F	42		00:32:42	00:30:50	
226	4426	Taina Abreu Brasil	F	26		00:32:17	00:30:51	TAINA BRASIL
227	4564	Valesca Morais	F	48		00:31:02	00:30:54	CPCHQ
228	4092	Ingrid Saltiel Wermann	F	32		00:32:17	00:31:05	

3ª CORRIDA DO CHOQUE - 08/03/2026

Relatório Feminino Geral (Corrida de 4km)

GERAL FEMININO 4KM

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
229	4106	Michele Mauri de Souza	F	44		00:32:19	00:31:08	
230	4206	Pamela da Silva Lopes	F	24		00:31:15	00:31:12	
231	4300	Thamires Helena Pinto Lima	F	27		00:31:17	00:31:12	
232	4263	Aline Charao Morais	F	48		00:31:35	00:31:14	
233	4361	Cristiane Gomes Cloque	F	52		00:32:32	00:31:24	
234	4676	Maria Luiza de Almeida Fernandes	F	29		00:33:37	00:31:29	
235	4414	Maria de Nazare Carvalho Melo	F	65		00:31:54	00:31:29	
236	4691	Luci Rezende	F	63		00:32:16	00:31:32	
237	4563	Carine Galimberti	F	49		00:32:16	00:31:35	CPCHQ
238	4252	Denise Beatriz Pereira da Silva	F	64		00:31:48	00:31:39	HARMONY
239	4272	Camila Schmechel Martins	F	29		00:32:16	00:31:42	AZ RUNNERS
240	4600	Tainara de Oliveira Allebrandt	F	37		00:33:24	00:31:46	
241	4089	Larissa Soares	F	28		00:33:25	00:31:48	
242	4700	Camila Oliveira Porciuncula	F	33		00:32:59	00:31:53	
243	4439	Jessica Dias da Luz	F	33		00:32:59	00:31:54	
244	4059	Aline Mariotti	F	31		00:33:32	00:32:02	
245	4451	Ana Claudia dos Santos Ribas Dos Anjos	F	55		00:32:13	00:32:12	BERBIGAO RUNNER
246	4316	Lucia Helena Alves de Azevedo	F	57		00:32:39	00:32:19	EQUIPE CPCHQ
247	4536	Marluci Correa de Lima Antunes	F	37		00:33:27	00:32:21	CT VIVIANE RODRIGUES
248	4633	Susielen Silveira	F	28		00:33:27	00:32:25	
249	4469	Angela Franciele Spolador dos Santos	F	35		00:33:23	00:32:27	
250	4150	Sophia Aparecida Mendes	F	15		00:33:41	00:32:28	ACELERADOS
251	4631	Anderlise de Souza Alves Silveira	F	47		00:33:56	00:32:53	
252	4558	Maria Celeste Melo Moreira	F	79		00:33:02	00:33:00	CPCHQ
253	4524	Stefany Cardoso de Campos	F	25		00:35:29	00:33:06	
254	4314	Renata Rodrigues	F	31		00:33:41	00:33:07	AZ RUNNERS
255	4546	Vivian Silva da Silva	F	44		00:34:00	00:33:13	
256	4629	Camila Rodrigues Teixeira	F	36		00:34:15	00:33:22	
257	4645	Amalia Schnorr	F	41		00:35:19	00:33:23	
258	4553	Pâmela Marinho de Freitas Silveira	F	36		00:34:14	00:33:37	CPCHQ
259	4557	Raphaella Laiola de Jesus	F	31		00:34:14	00:33:38	CPCHQ
260	4585	Danuza Ondina Fraga Silva	F	42		00:35:45	00:33:44	GRECO
261	4698	Marta Albêa Gigante Baldi	F	50		00:35:36	00:33:57	
262	4559	Tatiene Acosta de Oliveira	F	28		00:35:32	00:33:58	
263	4441	Kamilla Acosta Vieira Von Neutegem	F	37		00:35:33	00:33:59	
264	4689	Thamiris Vargas	F	28		00:35:47	00:34:05	
265	4626	Renata Peres Machado	F	22		00:36:12	00:34:07	
266	4229	Cristina Fernandes Terra	F	48		00:34:52	00:34:12	CRISTINA FERNANDES TERRA

3ª CORRIDA DO CHOQUE - 08/03/2026

Relatório Feminino Geral (Corrida de 4km)

GERAL FEMININO 4KM

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
267	4100	Ana Paula Christo de Freitas	F	36		00:35:17	00:34:16	VEM PRO CORRE
268	4233	Maria Lorena Biazus	F	73		00:35:20	00:34:35	
269	4320	Lisiane Zimmermann	F	38		00:36:19	00:34:42	EQUIPE CPCHQ
270	4091	Eliane Silva da Silva	F	46		00:35:02	00:34:47	
271	4094	Debora Dias Correa Fernandes	F	30		00:36:01	00:34:47	
272	4011	Naila Barbosa	F	42		00:37:13	00:35:10	SPORTCENTER
273	4171	Gabriela Lopes Leites	F	27		00:37:10	00:35:59	
274	4253	Amanda Navarro dos Santos	F	20		00:36:22	00:36:02	
275	4158	Marta Fabiana de Souza Bonatto	F	52		00:37:12	00:36:10	EQUIPE DE CORRIDAS GENTIL GOULARTE
276	4402	Eliziane Michel Medina	F	45		00:37:33	00:36:11	DESGARADO
277	4076	Gilza Freitas Demaman	F	64		00:37:23	00:36:14	
278	4562	Cristiele Machado da Rosa	F	38		00:38:43	00:37:04	CPCHQ
279	4145	Manuella Alves Garcia	F	19		00:37:59	00:37:41	
280	4292	Daise Flores de Souza	F	38		00:38:26	00:38:00	
281	4337	Vera Regina Leite de Almeida	F	70		00:38:49	00:38:01	
282	4392	Josilena Damasceno Silva	F	46		00:39:48	00:38:34	
283	4573	Bruna Domingos	F	33		00:39:32	00:38:51	SEXTO SENTIDO
284	4238	Brenda Natasha Alves Sousa	F	32		00:40:40	00:39:27	
285	4034	Katiuscia Ramos Sosnowski	F	42		00:44:35	00:43:10	RN RUNNERS
286	4424	Marluza Mendonca Schmidt	F	41		00:45:02	00:43:14	
287	4133	Marcia de Almeida	F	59		00:44:20	00:43:58	CHANEL
288	4501	Marcia Rossana Dhein Machado	F	50		00:45:29	00:44:54	CORRA100LIMITES
289	4063	Rafaela Freitas Nunes de Azevedo	F	35		01:02:23	01:02:23	EQUIPE CPCHQ
290	4379	Tassia Castro	F	40		01:08:06	01:08:06	

Total de registros: 290